

	Sun 19/1	Mon 20/1	Tue 21/1	Wed 22/1	Thu 23/1	Fri 24/1	Sat 25/1
10am		Hatha Yoga 9:30am - 11am		DRMS 10am - 12pm			
11am	SS Hall Church coffee 10:30am - 11:30am		Parkinsons Tripudio 11:15am - 12:15pm		Church Coffee 10:30am - 11:30am		
12pm							
1pm				Tripudio 12:30pm - 1:30pm			
2pm	SSALL Allington Strings Rehearsal 2025 St Swithun's Church Allington 1pm - 3pm		Bridge 1:30pm - 5:30pm			Bridge 1:30pm - 5:30pm	West Dorset Singers 1pm - 10pm
3pm	SSALL Concert Allington Strings 2025 3pm - 5pm						
4pm							
5pm				Kick Boxing class 4:45pm - 6:45pm			
6pm							
7pm			Hatha Yoga 6:30pm - 8pm	Bridge 6:45pm - 10pm			
8pm		St Swithuns Band 7:30pm - 9pm			Narcotics Anonymous Dorset 07879736777 7:30pm - 9pm	SSALL Rehearsal West Dorset Singers 2025 St Swithun's Allington 7:30pm - 9:30pm	
9pm							

	Sun 26/1	Mon 27/1	Tue 28/1	Wed 29/1	Thu 30/1	Fri 31/1	Sat 1/2
10am		Hatha Yoga 9:30am - 11am		DRMS 10am - 12pm			Music Day School 10am - 4pm
11am	SS Hall Church coffee 10:30am - 11:30am		Parkinsons Tripudio 11:15am - 12:15pm		Church Coffee 10:30am - 11:30am		
12pm				Tripudio 12:30pm - 1:30pm			
1pm							
2pm		U3A Architecture Group 2pm - 4pm	Parkinsons Group Meeting 1:30pm - 3:30pm	Centering Prayer 1:30pm - 3:30pm		Bridge 1:30pm - 5:30pm	
3pm							
4pm							
5pm				Kick Boxing class 4:45pm - 6:45pm	Mission Meeting 4:30pm - 6:30pm		
6pm		Exercise for Menopause 5:45pm - 6:45pm					
7pm			Hatha Yoga 6:30pm - 8pm	Bridge 6:45pm - 10pm			
8pm		St Swithuns Band 7:30pm - 9pm			Narcotics Anonymous Dorset 07879736777 7:30pm - 9pm		
9pm							

	Sun 2/2	Mon 3/2	Tue 4/2	Wed 5/2	Thu 6/2	Fri 7/2	Sat 8/2
10am		Hatha Yoga 9:30am - 11am			Community Coffee 9:30am - 11am		Bridport Clothes Bank 9:15am - 1pm
11am	SS Hall Parish coffee 10:30am - 11:30am		Parkinsons Tripudio 11:15am - 12:15pm		Church Coffee 10:30am - 11:30am		
12pm				Tripudio 12:30pm - 1:30pm			
1pm							
2pm			Bridge 1:30pm - 5:30pm		Memory Cafe 1:30pm - 4pm	Bridge 1:30pm - 5:30pm	
3pm		R&R meeting 2:30pm - 4:30pm					
4pm	Contemplative Church HALL - St Swithun's Church 4pm - 5:30pm						
5pm				Kick Boxing class 4:45pm - 6:45pm			
6pm		Exercise for Menopause 5:45pm - 6:45pm					
7pm			Hatha Yoga 6:30pm - 8pm	Bridge 6:45pm - 10pm			
8pm		St Swithuns Band 7:30pm - 9pm			Narcotics Anonymous Dorset 07879736777 7:30pm - 9pm		
9pm							

	Sun 9/2	Mon 10/2	Tue 11/2	Wed 12/2	Thu 13/2	Fri 14/2	Sat 15/2
10am		Hatha Yoga 9:30am - 11am		DRMS 10am - 12pm			
11am	SS Hall Church coffee 10:30am - 11:30am		Parkinsons Tripudio 11:15am - 12:15pm		Church Coffee 10:30am - 11:30am		
12pm							
1pm				Tripudio 12:30pm - 1:30pm			
2pm			Bridge 1:30pm - 5:30pm	Centering Prayer 1:30pm - 3:30pm		Bridge 1:30pm - 5:30pm	
3pm					Wild and Messy Church 2:30pm - 6:30pm		
4pm							
5pm				Kick Boxing class 4:45pm - 6:45pm			
6pm		Exercise for Menopause 5:45pm - 6:45pm					
7pm			Hatha Yoga 6:30pm - 8pm	Bridge 6:45pm - 10pm			
8pm		St Swithuns Band 7:30pm - 9pm			Narcotics Anonymous Dorset 07879736777 7:30pm - 9pm		
9pm							

	Sun 16/2	Mon 17/2	Tue 18/2	Wed 19/2	Thu 20/2	Fri 21/2	Sat 22/2
10am		Hatha Yoga 9:30am - 11am		DRMS 10am - 12pm		Embroiderers Group 9:45am - 3:30pm	
11am	SS Hall Church coffee 10:30am - 11:30am		Parkinsons Tripudio 11:15am - 12:15pm		Church Coffee 10:30am - 11:30am		
12pm							
1pm				Tripudio 12:30pm - 1:30pm			
2pm			Bridge 1:30pm - 5:30pm		Memory Cafe 1:30pm - 4pm		
3pm							
4pm							
5pm				Kick Boxing class 4:45pm - 6:45pm			
6pm		Exercise for Menopause 5:45pm - 6:45pm					
7pm			Hatha Yoga 6:30pm - 8pm	Bridge 6:45pm - 10pm			
8pm		St Swithuns Band 7:30pm - 9pm			Narcotics Anonymous Dorset 07879736777 7:30pm - 9pm		
9pm							

	Sun 23/2	Mon 24/2	Tue 25/2	Wed 26/2	Thu 27/2	Fri 28/2	Sat 1/3
10am		Hatha Yoga 9:30am - 11am		DRMS 10am - 12pm			Bridport Clothes Bank 9:15am - 1pm
11am	SS Hall Church coffee 10:30am - 11:30am		Parkinsons Tripudio 11:15am - 12:15pm		Church Coffee 10:30am - 11:30am		
12pm				Tripudio 12:30pm - 1:30pm			
1pm							
2pm		U3A Architecture Group 2pm - 4pm	Parkinsons Group Meeting 1:30pm - 3:30pm	Centering Prayer 1:30pm - 3:30pm		Bridge 1:30pm - 5:30pm	
3pm							
4pm							
5pm				Kick Boxing class 4:45pm - 6:45pm	Allington Sub Committee meeting 4:30pm - 7pm		
6pm		Exercise for Menopause 5:45pm - 6:45pm					
7pm			Hatha Yoga 6:30pm - 8pm	Bridge 6:45pm - 10pm			
8pm		St Swithuns Band 7:30pm - 9pm			Narcotics Anonymous Dorset 07879736777 7:30pm - 9pm		
9pm							

	Sun 2/3	Mon 3/3	Tue 4/3	Wed 5/3	Thu 6/3	Fri 7/3	Sat 8/3
10am		Hatha Yoga 9:30am - 11am		DRMS 10am - 12pm	Community Coffee 9:30am - 11am		
11am	SS Hall Church coffee 10:30am - 11:30am		Parkinsons Tripudio 11:15am - 12:15pm		Church Coffee 10:30am - 11:30am	World Day of Prayer 10:30am - 12pm	
12pm							
1pm				Tripudio 12:30pm - 1:30pm			
2pm			Bridge 1:30pm - 5:30pm		Memory Cafe 1:30pm - 4pm	Bridge 1:30pm - 5:30pm	
3pm							
4pm							
5pm	Contemplative Church HALL - St Swithun's Church 4pm - 5:30pm			Kick Boxing class 4:45pm - 6:45pm			
6pm		Exercise for Menopause 5:45pm - 6:45pm					
7pm			Hatha Yoga 6:30pm - 8pm	Bridge 6:45pm - 10pm			
8pm		St Swithuns Band 7:30pm - 9pm			Narcotics Anonymous Dorset 07879736777 7:30pm - 9pm		
9pm							

	Sun 9/3	Mon 10/3	Tue 11/3	Wed 12/3	Thu 13/3	Fri 14/3	Sat 15/3
10am		Hatha Yoga 9:30am - 11am		DRMS 10am - 12pm			
11am	SS Hall Church coffee 10:30am - 11:30am		Parkinsons Tripudio 11:15am - 12:15pm		Church Coffee 10:30am - 11:30am		
12pm							
1pm				Tripudio 12:30pm - 1:30pm			
2pm			Bridge 1:30pm - 5:30pm	Centering Prayer 1:30pm - 3:30pm		Bridge 1:30pm - 5:30pm	
3pm					Wild and Messy Church 2:30pm - 6:30pm		
4pm							
5pm				Kick Boxing class 4:45pm - 6:45pm			
6pm		Exercise for Menopause 5:45pm - 6:45pm					
7pm			Hatha Yoga 6:30pm - 8pm	Bridge 6:45pm - 10pm			
8pm		St Swithuns Band 7:30pm - 9pm			Narcotics Anonymous Dorset 07879736777 7:30pm - 9pm		
9pm							

	Sun 16/3	Mon 17/3	Tue 18/3	Wed 19/3	Thu 20/3	Fri 21/3	Sat 22/3
10am		Hatha Yoga 9:30am - 11am		DRMS 10am - 12pm		Embroiderers Group 9:45am - 3:30pm	
11am	SS Hall Church coffee 10:30am - 11:30am		Parkinsons Tripudio 11:15am - 12:15pm		Church Coffee 10:30am - 11:30am		
12pm							
1pm				Tripudio 12:30pm - 1:30pm			
2pm			Bridge 1:30pm - 5:30pm		Memory Cafe 1:30pm - 4pm		
3pm							
4pm							
5pm				Kick Boxing class 4:45pm - 6:45pm			
6pm		Exercise for Menopause 5:45pm - 6:45pm					
7pm			Hatha Yoga 6:30pm - 8pm	Bridge 6:45pm - 10pm			
8pm		St Swithuns Band 7:30pm - 9pm			Narcotics Anonymous Dorset 07879736777 7:30pm - 9pm		
9pm							

	Sun 23/3	Mon 24/3	Tue 25/3	Wed 26/3	Thu 27/3	Fri 28/3	Sat 29/3
10am		Hatha Yoga 9:30am - 11am					
11am	SS Hall Church coffee 10:30am - 11:30am		Parkinsons Tripudio 11:15am - 12:15pm		Church Coffee 10:30am - 11:30am		
12pm							
1pm				Tripudio 12:30pm - 1:30pm			
2pm		U3A Architecture Group 2pm - 4pm	Parkinsons Group Meeting 1:30pm - 3:30pm	Centering Prayer 1:30pm - 3:30pm		Bridge 1:30pm - 5:30pm	
3pm							
4pm							
5pm				Kick Boxing class 4:45pm - 6:45pm			
6pm		Exercise for Menopause 5:45pm - 6:45pm					
7pm			Hatha Yoga 6:30pm - 8pm	Bridge 6:45pm - 10pm			
8pm		St Swithuns Band 7:30pm - 9pm			Narcotics Anonymous Dorset 07879736777 7:30pm - 9pm	SSALL BCO Rehearsal 2025 St Swithun's Church Allington 7:15pm - 9:30pm	
9pm							