	Sun 19/1	Mon 20/1	Tue 21/1	Wed 22/1	Thu 23/1	Fri 24/1	Sat 25/1
		Hatha Yoga	<b>-</b>	-			#
0am		9:30am <b>-</b> 11am					
vaiii				DRMS	<b>1</b>		
				10am - 12pm			.
	SS Hall Church coffee				Church Coffee		#
lam	10:30am - 11:30am				10:30am - 11:30am		
	-		Parkinsons Tripudio	<u>-</u>	-		+
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2pm							
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				Tripudio			
pm				12:30pm - 1:30pm			
Pili	SSALL Allington Strings				<b></b>		West Dorset Singers
	Rehearsal 2025 St Swithun's Church				<b>-</b>		1pm - 10pm
	Allington		Bridge 1:30pm - 5:30pm			Bridge 1:30pm - 5:30pm	-
pm	1pm - 3pm		1.50pm = 5.50pm			1.50pm = 5.50pm	-
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pm	SSALL Concert Allington					7	
	Strings 2025 3pm - 5pm						
	3pm <b>-</b> 5pm						
pm	_					_	
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	-		- — <del> </del>	Kick Boxing class	<b>-</b>	-	-
pm				4:45pm <b>-</b> 6:45pm	+	-	-
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			Hatha Yoga		<b>-</b>		. 🗜
pm			6:30pm - 8pm	Bridge	-		+
			- — <del> </del>	6:45pm <b>-</b> 10pm	H		· <del>-</del>
		St Swithuns Band	<b>-</b>	ŀ	Narcotice Anonymous	SSALL Reheared West	<del>-</del>
		7:30pm <b>-</b> 9pm	H	l l	Narcotics Anonymous Dorset 07879736777	SSALL Rehearsal West Dorset Singers 2025	
om		1			7:30pm <b>-</b> 9pm	St Swithun's Allington	-
				-		Dorset Singers 2025 St Swithun's Allington 7:30pm - 9:30pm	
pm						<u> </u>	
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	Sun 26/1	Mon 27/1	Tue 28/1	Wed 29/1	Thu 30/1	Fri 31/1	Sat 1/2
		Hatha Yoga					
10am		9:30am - 11am		DRMS 10am - 12pm			Music Day School 10am - 4pm
11am	SS Hall Church coffee 10:30am - 11:30am			 	Church Coffee 10:30am - 11:30am		
		J	Parkinsons Tripudio 11:15am - 12:15pm				- † - + - +
12pm							
1pm				Tripudio 12:30pm - 1:30pm			_
2pm			Parkinsons Group Meeting	Centering Prayer 1:30pm - 3:30pm		Bridge 1:30pm - 5:30pm	
		U3A Architecture Group 2pm - 4pm	1:30pm - 3:30pm				
3pm							
4pm							
					Mission Meeting		
5pm				Kick Boxing class 4:45pm - 6:45pm	4:30pm <b>-</b> 6:30pm		
6pm		Exercise for Menopause 5:45pm - 6:45pm					
			Hatha Yoga 6:30pm - 8pm	Bridge			
7pm			0.00рт - орт	6:45pm - 10pm			
8pm		St Swithuns Band 7:30pm - 9pm			Narcotics Anonymous Dorset 07879736777 7:30pm - 9pm		
				- <del>-  </del> <del>-</del> <del>-</del>			
9pm							
		#					

	Sun 2/2	Mon 3/2	Tue 4/2	Wed 5/2	Thu 6/2	Fri 7/2	Sat 8/2
		Hatha Yoga			Communit		Bridport Clothes Bank 9:15am - 1pm
10am		9:30am - 11am			y Coffee 9:30am - 11am		
11am	SS Hall Parish coffee 10:30am - 11:30am				Church Coffee 10:30am -		
		<u></u>	Parkinsons Tripudio 11:15am - 12:15pm		11:30am		-+ -+ -+
12pm							
1pm				Tripudio 12:30pm - 1:30pm			
			Bridge 1:30pm - 5:30pm		Memory Cafe 1:30pm - 4pm	Bridge 1:30pm - 5:30pm	
2pm		CD0D marking					
3pm		R&R meeting 2:30pm - 4:30pm			<del>-</del>		
4 10 100		- <del>-</del>					
4pm	Contemplative Church HALL - St Swithun's Church						
5pm	4pm - 5:30pm			Kick Boxing class 4:45pm - 6:45pm			
6pm		Exercise for Menopause					
·		5:45pm <b>-</b> 6:45pm	Hatha Yoga	<u> </u>			
7pm			6:30pm - 8pm	Bridge 6:45pm - 10pm			
8pm		St Swithuns Band 7:30pm - 9pm			Narcotics Anonymous Dorset 07879736777 7:30pm - 9pm		
		- <del>-  </del> 			7.50pm - 3pm		
9pm			J			J 	
			<b> </b>				

TV OD TVIC	Sun 9/2	Mon 10/2	Tue 11/2	Wed 12/2	Thu 13/2	Fri 14/2	Sat 15/2
							#
		Hatha Yoga	ļ		ļ		#
10am		9:30am - 11am					
		_	<u> </u>	DRMS 10am - 12pm			
	SS Hall Church coffee		H	10am = 12pm	Church Coffee		H
	10:30am - 11:30am	-	<b></b>	-	10:30am - 11:30am		H
11am	-			1	1		
			Parkinsons Tripudio				<b> </b>
			11:15am - 12:15pm				
12pm					J		
120111							<b> </b>
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			<u> </u>	Tripudio 12:30pm - 1:30pm	H		#
1pm				12.50pm = 1.50pm			
				-	H		H
		<u> </u>	Bridge	Centering Prayer	†	Bridge	<b> </b>
2000		1	1:30pm <b>-</b> 5:30pm	1:30pm <b>-</b> 3:30pm		1:30pm - 5:30pm	T
2pm							
			-				
			-		Wild and Messy Church		<b>4</b>
3pm					2:30pm <b>-</b> 6:30pm		
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			-		· <del>-</del>		+
4pm						-	
5pm				Kick Boxing class	].		
			-	4:45pm <b>-</b> 6:45pm	-		<b> </b>
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		Exercise for Menopause	<b> </b>	-	-		H
6pm		5:45pm = 6:45pm		+	i		
							#
			Hatha Yoga				
7pm			6:30pm <b>-</b> 8pm	Bridge			
/ pill				6:45pm - 10pm	L		<b> </b>
							#
		St Swithuns Band 7:30pm - 9pm			Narcotics Anonymous Dorset 07879736777		#
8pm		7.30pm = 9pm		<u></u>	7:30pm <b>-</b> 9pm		
		+	<u> </u>	+			
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000							
9pm		<u> </u>					
			L	+			<b> </b>
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	Sun 16/2	Mon 17/2	Tue 18/2	Wed 19/2	Thu 20/2	Fri 21/2	eb 2025 (United Kingdom Time Sat 22/2
		Hatha Yoga			_		#
10am		9:30am <b>-</b> 11am		(		Embroiderers Group	
		+	H	DRMS 10am - 12pm	<b> </b>	9:45am - 3:30pm	<del> </del>
	SS Hall Church coffee				Church Coffee 10:30am - 11:30am		
11am	10:30am - 11:30am				10:30am - 11:30am		
	-	J	Parkinsons Tripudio		-		
			11:15am - 12:15pm				
12pm			_				
				<del>-</del>	_	_	
				Tripudio			
1pm				12:30pm - 1:30pm			
		<b> </b>	H	. –		_	
			Bridge	7	Memory Cafe		
2pm			1:30pm - 5:30pm		1:30pm - 4pm		
		1	-		-		+
3pm			_				
		<b> </b>			— <del>-</del>		J
4pm						J	
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							#
5pm			_	Kick Boxing class 4:45pm - 6:45pm			
			-	] 4.40pm = 0.40pm	+		-
							#
6pm		Exercise for Menopause 5:45pm - 6:45pm					
		О. чори О. чори	H	· <del>-  </del>	+		-
		Ţ	Hatha Yoga		<b>_</b>		#
7pm			6:30pm - 8pm	Bridge 6:45pm - 10pm			
		1	-	о. чори тории	+		-
		St Swithuns Band			Narcotics Anonymous Dorset 07879736777	1	#
8pm		7:30pm <b>-</b> 9pm			Dorset 07879736777 7:30pm <b>-</b> 9pm		
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9pm				_		J	
		#	<b> </b>		<b> </b>		-
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	Sun 23/2	Mon 24/2	Tue 25/2	Wed 26/2	Thu 27/2	Fri 28/2	Sat 1/3
		Hatha Yoga					Bridport Clothes Bank 9:15am - 1pm
0am		9:30am - 11am					
		_		DRMS 10am - 12pm			
SS Hall	Church coffee	1		Todin - 12pin	Church Coffee		
1am - 10:30ar	m - 11:30am				10:30am - 11:30am		
-		]	Parkinsons Tripudio				
			11:15am - 12:15pm				_
2pm ———							
				1			
				Tripudio			_
pm				12:30pm - 1:30pm			
			Parkinsons Group Meeting	Centering Prayer 1:30pm - 3:30pm		Bridge 1:30pm - 5:30pm	
pm		U3A Architecture Group	1:30pm - 3:30pm	1.00ри 0.00ри		1.00pm 0.00pm	
		2pm - 4pm					
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 1pm							
			<u></u>				
					Allington Sub Committee		
5pm				Kick Boxing class	meeting 4:30pm - 7pm		
				4:45pm - 6:45pm	4:30pm <b>-</b> /pm		
Spm ———		Exercise for Menopause			-		
		5:45pm - 6:45pm	L	-	-		
			Hatha Yoga	1			
7pm ———			6:30pm - 8pm	Bridge 6:45pm - 10pm			
				i c. ropin ropin			
		St Swithuns Band 7:30pm - 9pm			Narcotics Anonymous Dorset 07879736777		
Bpm ———				<u> </u>	7:30pm <b>-</b> 9pm		
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		+	H	+	ŀ		
9pm ———							
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	Sun 2/3	Mon 3/3	Tue 4/3	Wed 5/3	Thu 6/3	Fri 7/3	Sat 8/3
10am		Hatha Yoga 9:30am - 11am		DRMS 10am - 12pm	Communit y Coffee 9:30am - 11am		
11am	SS Hall Church coffee 10:30am - 11:30am		Parkinsons Tripudio 11:15am - 12:15pm		Church Coffee 10:30am - 11:30am	World Day of Prayer 10:30am - 12pm	
12pm							
1pm				Tripudio 12:30pm - 1:30pm			
2pm			Bridge 1:30pm - 5:30pm		Memory Cafe 1:30pm - 4pm	Bridge 1:30pm - 5:30pm	
3pm					  	-	
4pm	Contemplative Church HALL - St Swithun's						
5pm	Church 4pm - 5:30pm			Kick Boxing class 4:45pm - 6:45pm		-	
6pm		Exercise for Menopause 5:45pm - 6:45pm					
7pm			Hatha Yoga 6:30pm - 8pm	Bridge 6:45pm - 10pm			
8pm		St Swithuns Band 7:30pm - 9pm		† † †	Narcotics Anonymous Dorset 07879736777 7:30pm - 9pm		
9pm					-		

	Ster, St Swithun's HALL Sun 9/3	Mon 10/3	Tue 11/3	Wed 12/3	Thu 13/3	Fri 14/3	Sat 15/3
		Hatha Yoga	+				
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10am				DRMS			
			ļ	10am - 12pm			_#
	SS Hall Church coffee 10:30am - 11:30am		H		Church Coffee 10:30am - 11:30am		
11am	10.30am - 11.30am				10.30am - 11.30am		
	-		Parkinsons Tripudio		-		-#
			11:15am - 12:15pm				
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			H	Tripudio 12:30pm - 1:30pm	H		
1pm				12.000111 1.000111			
			Bridge	Centering Prayer	<b></b>	Bridge	
2pm			1:30pm - 5:30pm	1:30pm - 3:30pm		1:30pm <b>-</b> 5:30pm	
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			-	r e	Wild and Messy Church		H
0				i e	2:30pm - 6:30pm		†
3pm							
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5pm				Kick Boxing class			
op				4:45pm <b>-</b> 6:45pm			<b>+</b>
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		Exercise for Menopause			-		
6pm		5:45pm = 6:45pm			-		
			Hatha Yoga		<b>-</b>		#
7pm			6:30pm - 8pm	Bridge 6:45pm - 10pm			
			-	6:45pm = 10pm	<b> </b>		-#
		St Swithuns Band	-	·	Narcotics Anonymous		
0,000		7:30pm <b>-</b> 9pm			Narcotics Anonymous Dorset 07879736777		
8pm					7:30pm <b>-</b> 9pm		
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9pm							
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	Sun 16/3	Mon 17/3	Tue 18/3	Wed 19/3	Thu 20/3	Fri 21/3	Sat 22/3
		Hatha Yoga					
10am		9:30am - 11am				Embroiderers Group	
		-		DRMS 10am - 12pm	<b> </b>	9:45am - 3:30pm	H
	SS Hall Church coffee				Church Coffee 10:30am - 11:30am		
11am	10:30am - 11:30am				10:30am - 11:30am	-	
			Parkinsons Tripudio				<u> </u>
			11:15am - 12:15pm				
12pm					<u> </u>		
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			<b></b>	Tripudio 12:30pm - 1:30pm	T		
1pm				12:30pm = 1:30pm		_	
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			Bridge		Memory Cafe		
2pm			1:30pm <b>-</b> 5:30pm		1:30pm - 4pm	-	
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3pm			-		-	-	
			-				
4pm							
			_				
			-	Kick Boxing class	<del> </del>		H
5pm				4:45pm <b>-</b> 6:45pm			
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0		Exercise for Menopause	L		<b> </b>		<b> </b>
6pm		5:45pm - 6:45pm					
		_	Hatha Yoga				<b> </b>
7pm			6:30pm <b>-</b> 8pm	Bridge	1		
7 (7)			-	6:45pm - 10pm			
		St Swithuns Band	_		Narcotics Anonymous		
8pm		7:30pm <b>-</b> 9pm			Narcotics Anonymous Dorset 07879736777		
Opin		-	<b> </b>		7:30pm <b>-</b> 9pm		#
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9pm							
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	ster, St Swithun's HALL Sun 23/3	Mon 24/3	Tue 25/3	Wed 26/3	Thu 27/3	Fri 28/3	far 2025 (United Kingdom Tin Sat 29/3
			L	Wed 20/3		11120/3	
		Hatha Yoga					
0am		9:30am - 11am					
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	SS Hall Church coffee		L	_	Church Coffee	$\mathbb{R}^{-1}$	_
1am	10:30am - 11:30am				10:30am - 11:30am		
Iaiii				_			
			Parkinsons Tripudio				
			11:15am - 12:15pm				
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2pm							
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			T	Tripudio	<b>-</b>		-
				12:30pm - 1:30pm	H		-
1pm				<u> </u>			
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		+	Parkinsons Group	Centering Prayer	<del>=</del>	Bridge	1
		H	Meeting	1:30pm = 3:30pm	<b>+</b>	1:30pm - 5:30pm	+
2pm		U3A Architecture Group	1:30pm <b>-</b> 3:30pm	1.000111 0.000111		1.000111 0.000111	
		2pm - 4pm		H	+		+
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3pm			H	-	-	<del> -</del>	-
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1pm							
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5pm				Kick Boxing class			
				4:45pm <b>-</b> 6:45pm	H	- —	ļ
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Spm ·		Exercise for Menopause					
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			Hatha Yoga		<u> </u>		_
pm			6:30pm <b>-</b> 8pm	Bridge			
γριτι				6:45pm - 10pm	L		_
						SSALL BCO Rehearsal	
		St Swithuns Band	II		Narcotics Anonymous Dorset 07879736777	2025	
<b></b>		7:30pm <b>-</b> 9pm			Dorset 07879736777	St Swithun's Church	
3pm					7:30pm <b>-</b> 9pm	Allington	
					[]	7:15pm - 9:30pm	
			T		[]		
				-	ll.	]]	†
)pm						<u> </u>	
		#	<b> </b>				
			H		H		<del>-</del> #